

GoodLife Fitness Victoria Marathon  
Box 675, 185 - 911 Yates Street  
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Email: [info@runvictoriamarathon.com](mailto:info@runvictoriamarathon.com)  
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October 9, 2011

October 7, 2012

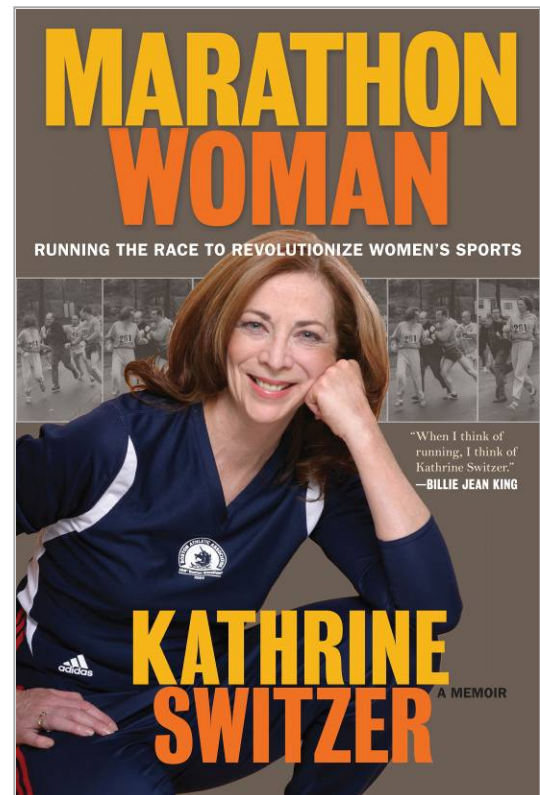
## Kathrine Switzer

- Kathrine Switzer is the woman who broke the gender barrier at the Boston Marathon in 1967 by being the first woman to officially register and run the race.
- She went on to run 37 marathons, became a world-class runner and won the New York City Marathon.
- Kathrine then turned her passion to organization and advocacy; she organized 400 women's races in 27 countries and led the drive to get the women's marathon into the Olympic Games, changing forever the perception of women in sports.
- She is now an Emmy Award winning TV commentator, has covered all the major marathons in the USA including Olympic, World, Commonwealth and National Championships. She is the author of three books, including this amazing memoir, *Marathon Woman*, (which you can purchase after this talk and she will be happy to sign). Oh, and YES, she still runs. A LOT!!



The GoodLife Fitness Victoria Marathon  
welcomes Kathrine Switzer!

Kathrine joins us for this year's Speaker Series and Carbo Gala Dinner presented by HEEL on Saturday, October 8, 2011.



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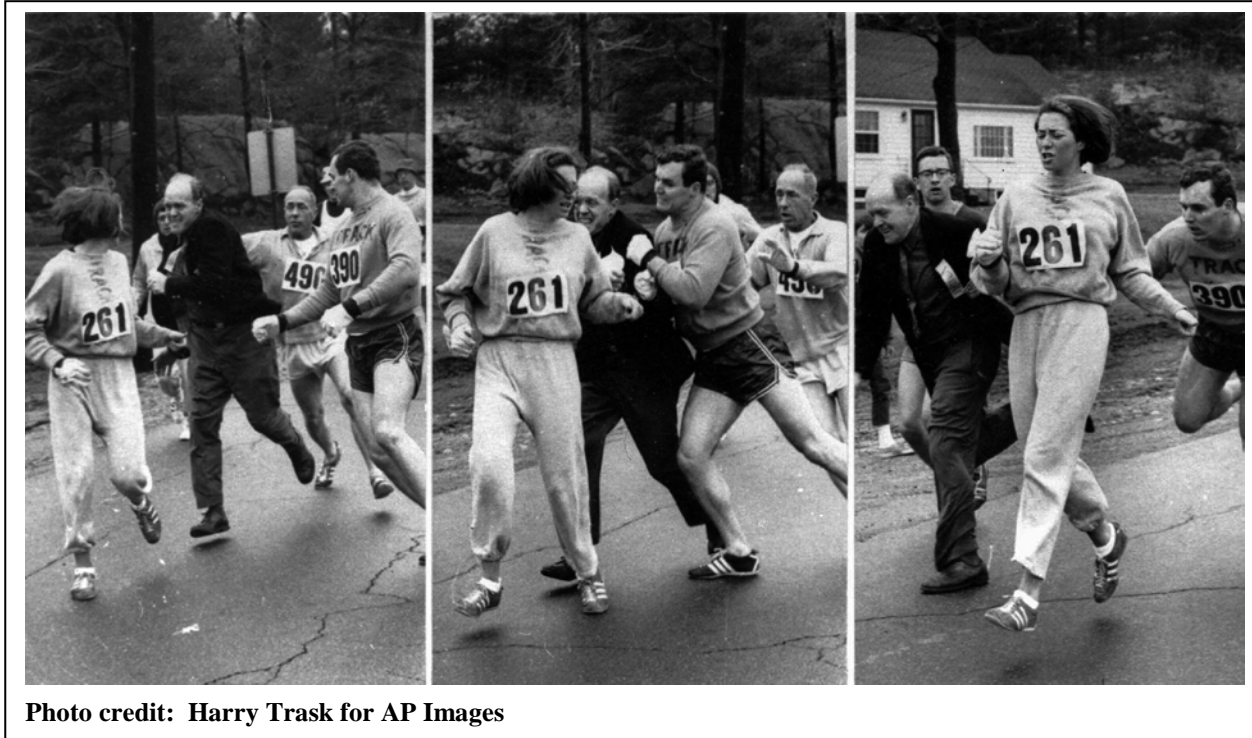
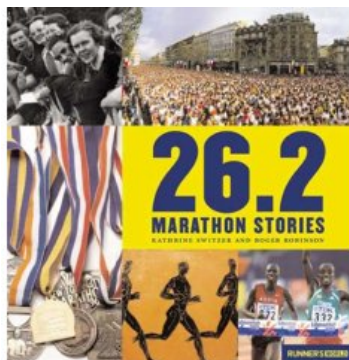


Photo credit: Harry Trask for AP Images

“In 1967, irate race official Jock Semple tried forcibly to remove Kathrine Switzer from the then all-male Boston Marathon simply because she was a woman. Luckily for Switzer, the official was bounced out of the race instead by her boyfriend and she went on to finish. Switzer was inspired by the incident to create running events for over a million women in 27 countries and led the drive to get the women’s marathon event into the Olympic Games (1984). Switzer is also the winner of the 1974 New York City Marathon, an Emmy Award-winning TV commentator of marathons, and author of the best-selling memoir *Marathon Woman, Running and Walking for Women Over 40* and the co-author of *26.2: Marathon Stories*.

*26.2 Marathon Stories*, co-authored with Roger Robinson, and *Marathon Woman*, will be on sale at the GoodLife Fitness Victoria Marathon Race Expo and Kathrine will be available to sign them.



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### **My Most Meaningful Race**

*Kathrine Switzer finds redemption in her first marathon in 34 years.* Greece was a magical experience, retold in the Mar-April issue of Marathon and Beyond and also on this link in Runners World - <http://www.runnersworld.com/article/0,7120,s6-239-281--13842-4-1X2X3-4,00.html>

### **Did My Mom Ever Run?**

<http://www.cbc.ca/thesundayedition/2010/10/did-my-mom-ever-run-1.html>

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### **Find Kathrine online at:**

- Web: <http://www.kathrineswitzer.com/>
- Facebook: <http://www.facebook.com/people/Kathrine-Switzer/100001748778424>
- Blog - <http://kathrineswitzer.wordpress.com/>