

GoodLife Fitness Victoria Marathon
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October 9, 2011

October 7, 2012

Steve King

Steve King has one of the most recognizable voices in the world of triathlon and running. He's famous for his enthusiastic style and amazing knowledge of the athletes in race. He is also a very accomplished athlete himself.

Steve is the co-editor of *Running in the Zone: A Handbook for Seasoned Athletes* with Dan Cumming.

TV Commentator for: CBC, TSN, CTV, ESPN, SHAW Cable - World Triathlon Championships from 1988-1994, Ironman Canada, Nice Triathlon, B.C. Winter and Summer Games, Vancouver International Triathlon, Vancouver Marathon, Victoria International Triathlon, St. Croix Triathlon, Texas Hill Country Triathlon, Kananaskis Relay, National 10km road race Championships, Canadian National Triathlon Championships, Vancouver Sun Run.

On-Site Play-By-Play Race Announcer for: 1994 Commonwealth Games (Swimming, road cycling and race walks), 1999 Pan American Games, Ironman Canada, Ironman New Zealand, Peach Classic Triathlon, Victoria Half Ironman, Great White North Half Ironman, Apple Classic Triathlon, Victoria International Triathlon, North Shore Triathlon, Echo Valley Half Ironman, Okanagan International Marathon, Vancouver International Marathon, Royal Victoria Marathon, Peach City Marathon, Calgary Stampede Marathon, World Triathlon Championships (Kelowna 1988 and New Zealand 1994), 1991 Hawaiian Ironman World Championships, World Police & Fire Games (90 & 97), National & Provincial Cross-Country Running Championships, Canmore Challenge Trail Races, National Cross-Country Skiing Championships, World Cup Cross-Country Skiing (Silver Star Mountain), Cariboo 50km Cross-Country Ski Marathon, Larch Hills Loppet, National Mountain Bike Championships (Apex Mountain), Vancouver Sun Run, Richmond Flatlands 10kms, Kajaks Track & Field Meets, B.C. Distance Swimming Championships, Blazing Saddles Criterium and numerous other road race, triathlon and duathlon events.

Running Highlights

- 1979 4th U.S. 50miles Champs (Canadian record)
- 1981 Marathon best 2:36:54
- 1983 50miles best 5:36:23
- 1983 50kms best 3:17:11
- 1984 Winner Lake Chelan Marathon
- 1985 2nd Canadian National 50miles Champs
- 1985 Great Walk - Gold River to Tahsis (64km) course record 4:30 (won event three times)

**The GoodLife Fitness Victoria Marathon
welcomes Steve King!**

Steve joins us for this year's Speaker Series
on Saturday, October 8, 2011.



- 1987/88 Two time winner of Hawaiian Ironman Precursor Marathon - course record 2:37:58
- 1989 Western States 100 miles finisher
- 1989 1st master Seattle Marathon
- Four time age group winner at Coeur D`Alene Marathon
- 1995 Six Canadian National age group records
- 1996 Winner - Kettle Valley 50kms
- 1997 BC Marathon Champion
- 1997 Winner - Kamloops `Walk in the Park` 50kms (new course record)
- 1997 Winner of inaugural Haney to Harrison 100kms
- 1995-97 Member of Canadian National 100kms team.
- 1999 Winner - inaugural Brass Monkey 50kms
- 1999 3rd overall Peach City Marathon
- 1999 4th overall Coeur D`Alene Marathon
- 1999 7th Masters - Comrades Marathon (56 miles) South Africa
- 2001 5th overall Peach City Marathon
- 2001 3rd overall Coeur D`Alene Marathon
- 2001 2nd overall The Great Walk (64kms)
- 2001 2nd overall Salmon Arm 50kms
- 2001 4th overall Badwater Death Valley run (135miles)

Triathlon Highlights

- 1984 6th Ironman Canada - 2nd age
- 1989 48th Ironman Canada - 5th age
- 1994 2nd Ultraman Canada (12km swim, 200 mile bike, 52.4 mile run) - 1st age
- 1999 206th Ironman Canada - 5th age

Find Steve online at:

- Web: www2.vip.net/~stking/ and www.backingevents.com