

GoodLife Fitness Victoria Marathon
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October 9, 2011

October 7, 2012

Tara Whitten

Tara Whitten is an athletic and academic powerhouse.

The 31-year-old is one of Canada's top track cyclists, an Olympic hopeful, and a three-time world champion. She is also working on completing a doctorate in neuroscience at the University of Edmonton.

Doing it all has never been a problem for Tara. In her past life, she was both a cross-country runner and a cross-country skier. And it's no surprise that she refuses to limit herself to one cycling style. She races in Track Individual Pursuit, the Points Race, Omnium, Team Pursuit, and Scratch Road. Tara also holds the Canadian National Record in women's team pursuit (along with her Canadian National Team members Laura Brown and Stephanie Roorda) and is the Canadian National Record holder for individual pursuit.

At the London 2012 Olympic Games Tara hopes to compete in both the Omnium and Team Pursuit in Track Cycling, which will make their Olympic debut in 2012, and in Time Trial in Road Cycling. Oh, and the topic of her doctorate? "Understanding the coordination of gamma oscillations in the hippocampus during different states of brain activity." Go Tara!

Key Wins:

- 10 World Cup podiums
- 1st-World Championships, Netherlands 2011 (Omnium)
- 1st-World Championships, Denmark 2010 (Points)
- 1st-World Championships, Denmark 2010 (Omnium)
- Canadian Champion in 4 disciplines 2009
- 1st- Cali World Cup, Colombia 2009
- 1st-Panamerican Championships 2009 (Pursuit)
 - Panamerican Record
- 1st-Panamerican Championships 2009 (Omnium)
- 2nd-World Championships 2008 (Omnium)

**The GoodLife Fitness Victoria Marathon
welcomes Tara Whitten!**

Tara joins us for this year's Speaker Series
on Saturday, October 8, 2011.

