

GoodLife Fitness Victoria Marathon  
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October 10, 2010

October 9, 2011

## MEDIA RELEASE

### Traffic Advisory for Sunday, October 10, 2010 31<sup>st</sup> Annual GoodLife Fitness Victoria Marathon

(Victoria, BC – October 4, 2010). On Sunday, October 10, the GoodLife Fitness Victoria Marathon route will start in downtown Victoria on Menzies and wind through the downtown core into James Bay and Beacon Hill Park, along Dallas Rd to Gonzales Bay. It will proceed into Fairfield, Oak Bay and Uplands before the turnaround. The route then returns the same way. There will be a loop at the Lawndale/Cowichan area that will be the turnaround point for the Half Marathon.

Some small residential roadways on the route will be closed for various periods of time. Anyone living in the area south of McNeill Avenue, east of Foul Bay Avenue and west of Oliver Street and need to cross the marathon route in their vehicle, may do so on Foul Bay Road at McNeill Avenue.

**No traffic will be permitted on Dallas Rd. between 7:15 am and 2:30 pm. The police will be opening the course as soon as it is safe for participants and allow cars on the route. Please note that the early start Marathon is at 6:30 am – watch out for lead cyclists and runners.**

Police will be allowing some traffic to travel across the race route when it is safe; however it is advised that vehicles be parked on a street not included on the Marathon route. Your vehicle will be towed from the roadway if it is affecting the running route.

The police will begin opening the roads as the participants finish the different sections of the course. At 2:30 pm all streets will be re-opened to traffic except for Belleville Street between Douglas and Menzies, and Government Street between Superior and Humboldt. These streets will re-open once finish line equipment has been taken down.

The 31<sup>st</sup> Annual GoodLife Fitness Victoria Marathon takes place Sunday, October 10, and in addition to the Marathon there is a Half Marathon, 8K Road Race and THRIFTY FOODS Kids Run & Marathon.

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