




1K Thrifty Foods Kids Run

Saturday October 7, 2023

Main Start: Willows Park @ 10:15am

-  Package Pickup
-  First Aid
-  Washrooms
-  Recovery Zone



Uplands

Lansdowne

Ripon

Exeter

Uplands Park

Estevan

Dalhousie

Esplanade
Viewing Area

Oak Bay

START
FINISH

