



Presented by  new balance

**The GoodLife Fitness Victoria Marathon salutes our  
Marathon Overall Winners**

<i>Year</i>	<i>Men</i>	<i>Time</i>	<i>Women</i>	<i>Time</i>	<i>Finishers</i>
1980	Tom Howard	2:21:45	Wendy Robertson	2:58:27	681
1981	Tom Howard	2:18:49	Linda Edgar	2:49:02	656
1982	Brian Bjornson	2:25:46	Leslie Tomlinson	2:56:02	609
1983	Doug Godfrey	2:25:39	Bernadette Duffy	2:52:49	606
1984	Tom Howard	2:21:51	Christine Craigen	3:02:28	466
1985	Ron Wichmann	2:27:38	Cheryl Westrum	2:56:04	419
1986	Phil Nicholls	2:28:16	Toni Hafso	2:51:35	500
1987	Ashley Dustow	2:24:18	Susan Butler	2:55:21	507
1988	Peter Butler	2:22:04	Val Chowaniec	2:48:05	539
1989	Phil Nicholls	2:29:43	Val Chowaniec	2:42:32	696
1990	Phil Nicholls	2:26:24	Linda Stenseth	2:55:17	631
1991	Jacques Bilinski	2:26:23	Cindy Davy (Rhodes)	2:56:59	867
1992	Gabriel Silva	2:26:42	Frances Bagley	2:52:43	907
1993	Kevin Titus	2:19:31	Cindy Davy (Rhodes)	2:48:53	983
1994	Kelvin Broad	2:23:02	Cindy Rhodes	2:48:45	1,279
1995	Kelvin Broad	2:25:31	Cindy Rhodes	2:50:08	1,828
1996	Kelvin Broad	2:27:19	Cheri Titus	2:55:09	2,037
1997	Kelvin Broad	2:28:56	Stephanie Andrews	2:42:43	2,012
1998	Kelvin Broad	2:27:56	Noriko Kawaguchi	2:49:06	2,117
1999	Bruce Deacon	2:26:23	Cindy Rhodes	2:52:49	2,098
2000	Colin Dignum	2:26:52	Cindy Rhodes	2:54:22	2,390
2001	Jon Brown	2:20:28	Katrina Blanch	2:57:35	2,753
2002	Trevor Jordan	2:35:07	Krystyna Pieczulis	2:47:11	2,584
2003	Shingirai Badza	2:27:09	Joan McGrath	2:52:46	2,691
2004	Bruce Deacon	2:21:07	Hallie Janssen	2:49:36	2,236
2005	Jim Finlayson	2:24:13	Suzanne Evans	2:50:24	1,959
2006	Steve Osaduik	2:16:49	Suzanne Evans	2:47:05	1,863
2007	Steve Osaduik	2:20:14	Suzanne Evans	2:45:38	1,981
2008	Steve Osaduik	2:25:31	Cheryl Murphy	2:43:00	2,043
2009	Hillary Cheruiyot	2:19:26	Cheryl Murphy	2:44:01	2,576
2010	Philip Samoei	2:23:24	Catrin Jones	2:52:21	2,559
2011	Thomas Omwenga	2:14:33	<b>Lucy Njeri</b>	<b>2:37:56*</b>	1,624
2012	Thomas Omwenga	2:20:41	Hallie Janssen	2:47:02	1,726
<b>2013</b>	<b>Lamech Mokono</b>	<b>2:13:42*</b>	Catrin Jones	2:43:03	1,696
2014	Daniel Kipkoech	2:20:04	Lioudmila Kortchaguina	2:41:39	1,569
2015	Daniel Kipkoech	2:25:40	Erin Burrett	2:39:17	1,204
2016	Daniel Kipkoech	2:20:33	Sabrina Wilkie	2:45:54	1,094
2017	Daniel Kipkoech	2:21:03	Lissa Zimmer	2:48:32	1,070
2018	Daniel Kipkoech	2:22:39	Emily Setlack	2:46:20	1,050
2019	Eric Finan	2:17:51	Andrea Lee	2:45:45	1,127

**\* Overall Marathon Course Record**

**The GoodLife Fitness Victoria Marathon salutes our  
Half Marathon Overall Winners**

<i>Year</i>	<i>Men</i>	<i>Time</i>	<i>Women</i>	<i>Time</i>	<i>Finishers</i>
2001	Bruce Deacon	1:08:01	Cindy O'Krane	1:19:09	2,009
<b>2002</b>	<b>Jon Brown</b>	<b>1:02:32 *</b>	Judith Leroy	1:19:02	2,963
2003	Jon Brown	1:05:16	Lucy Smith	1:16:12	3,678
2004	Jerry Ziak	1:06:56	Meghan Day	1:18:01	3,703
2005	Jon Brown	1:03:55	Cheryl Murphy	1:18:21	3,793
2006	Nik Southwell	1:08:24	Cheryl Murphy	1:18:01	4,027
2007	Bruce Deacon	1:08:02	Lucy Smith	1:16:11	3,869
2008	Ryan Day	1:08:50	Lindsay McLaren	1:21:38	4,268
2009	Jon Brown	1:04:57	Marilyn Arsenault	1:15:39	4,605
2010	Jim Finlayson	1:07:56	Lisa Harvey	1:18:34	5,698
2011	John Ricardi	1:07:30	Natasha Wodak	1:15:27	5,122
2012	Rutto Kibet	1:04:27	Natasha Fraser-Wodak	1:14:06	4,767
2013	Kelly Wiebe	1:04:59	Hilary Stellingwerff	1:16:11	4,659
2014	Willy Kimosop	1:06:00	Anne-Marie Madden	1:16:35	3,798
2015	Paul Kimogul	1:05:00	Malindi Elmore	1:15:35	3,257
2016	Paul Kimogul	1:07:19	Jane Murage	1:17:25	2,810
2017	Geoff Martinson	1:04:28	Sarah Inglis	1:14:20	2,628
2018	Trevor Hofbauer	1:05:18	<b>Natasha Wodak</b>	<b>1:11:45 *</b>	<b>2,747</b>
2019	Will Norris	1:06:20	Cleo Boyd	1:13:38	2,889

**\* Overall Half Marathon Course Record**

## The GoodLife Fitness Victoria Marathon salutes our 8K Overall Winners

<i>Year</i>	<i>Men</i>	<i>Time</i>	<i>Women</i>	<i>Time</i>	<i>Finishers</i>
1986	Gary Barber	24:20	Annelise Ransier	28:42	415
1987	Dave Coey	24:33	Beth Tarasuk	29:14	531
1988	Gary Barber	24:02	Cynthia Reid	28:07	676
1989	Gary Barber	23:23	Cynthia Reid	27:56	893
1990	Dave Campbell	23:40	Ulla Marquette	26:37	1,042
1991	Jody Ooms	24:22	Ulla Marquette	26:24	1,130
1992	Bruce Deacon	23:47	Rhonda Robinson	28:22	771
1993	Gary Barber	24:14	Angela Chalmers	26:55	1,014
1994	Keith Butler	24:25	Esther Zbinden	28:19	974
1995	Keith Butler	24:29	Ulla Marquette	27:12	1,272
1996	Bruce Deacon	23:33	Tina Connelly	26:28	1,666
1997	Phil Ellis	30:38 (10K)	Helen Ritchie	38:33 (10K)	1,620
1998	Bruce Deacon	31:01 (10K)	Ulla Marquette	35:18 (10K)	1,467
1999	James Davison	24:59	Judith Leroy	28:09	1,510
2000	James Morrison	25:36	Kate O'Connor	31:01	1,434
2001	Steve Osaduik	24:40	Stephanie Mills	28:14	969
2002	Simon Whitfield	24:24	Laura Reback	29:13	1,125
2003	Graham Cocksedge	26:47	Bridgitte McMahon	28:56	1,290
2004	Steve Osaduik	25:19	Malindi Elmore	26:49	1,304
2005	Paul Hamblyn	24:22	Lauren Groves	30:28	1,355
2006	Dave Jackson	24:43	Kirsty Smith	27:34	1,582
2007	Simon Whitfield	24:24	Marilyn Arsenault	28:15	1,759
2008	Ryan McKenzie	23:56	Rachel Ruus	28:39	1,894
2009	Matt Clout	24:52	Rachel Ruus	28:32	2,157
2010	Peter Corrigan	24:30	Kirsten Sweetland	27:39	2,679
2011	Kyle Jones	24:12	Hilary Stellingwerff	28:01	2,438
2012	Chris Winter	24:13	Rachel Cliff	27:43	2,501
2013	Olivier Collin	24:40	Rachel Cliff	27:50	2,608
2014	Geoff Martinson	23:38	Lindsay Carson	27:15	2,366
2015	Nick Walker	26:16	Lindsay Carson	27:32	2,358
2016	Trevor Hofbauer	24:36	Lindsay Carson	27:35	2,277
2017	Justin Kent	24:04	Lindsay Carson	27:26	2,117
2018	Justin Kent	23:46	Sarah Inglis	27:31	2,160
<b>2019</b>	<b>Justin Kent</b>	<b>23:14*</b>	<b>Sarah Inglis</b>	<b>25:43*</b>	2,232

\* Overall 8K Course Record

### GoodLife Fitness Victoria Marathon Lifetime Achievers

The following has run all 40 GoodLife Fitness Victoria Marathons (1980-2019):

**Terry Slater, Sooke, BC**

**The GoodLife Fitness Victoria Marathon salutes our  
Marathon - Age Class Records**

**MEN**

<b>AGE CLASS</b>	<b>TIME</b>	<b>NAME</b>	<b>HOME TOWN</b>	<b>YEAR</b>
Under 20	2:43:41	Brent Blackhall	Nanaimo, BC	1981
20-24	2:29:35	Paul Eichenberger	Seattle, WA	1980
25-29	2:16:49	Steve Osaduik	Nanaimo, BC	2006
<b>30-34</b>	<b>2:13:42 *</b>	<b>Lamech Mokono</b>	<b>Grand Prairie, Texas</b>	<b>2013</b>
35-39	2:19:31	Kevin Titus	Whistler, BC	1993
40-44	2:21:49	Kip Kangogo	Lethbridge, AB	2019
45-49	2:25:29	Jim Finlayson	Victoria, BC	2018
50-54	2:37:20	Mark Bennett	Vancouver, BC	2013
55-59	2:40:19	Herb Phillips	Burnaby, BC	1995
60-64	2:47:02	Herb Phillips	Burnaby, BC	2004
65-69	2:52:43	Herb Phillips	Burnaby, BC	2005
70-74	3:06:08	Herb Phillips	Burnaby, BC	2010
75-79	3:47:30	William Iffrig	Everett, WA	2010
80-84	4:32:58	Frank McKenna	Sechelt, BC	2012

**WOMEN**

<b>AGE CLASS</b>	<b>TIME</b>	<b>NAME</b>	<b>HOME TOWN</b>	<b>YEAR</b>
Under 20	3:06:27	Susan Bouck	Victoria, BC	1982
20-24	2:49:51	Chelsea Vandebroke	Yakima, WA	2011
25-29	2:42:43	Stephanie Andrews	Rergus, ON	1997
<b>30-34</b>	<b>2:37:56 *</b>	<b>Lucy Njeri</b>	<b>Toronto, ON</b>	<b>2011</b>
35-39	2:43:00	Cheryl Murphy	Victoria, BC	2008
40-44	2:41:39	Lioudmila Kortchaguina	Markham, ON	2014
45-49	2:56:32	Joan McGrath	New Westminster, BC	2008
50-54	3:06:45	Cindy Rhodes	Kelowna, BC	2009
55-59	3:08:10	Brenda Baker	Whistler, BC	2009
60-64	3:26:46	Cindy Rhodes	Kelowna, BC	2017
65-69	3:39:35	Roslyn Smith	Comox, BC	2015
70-74	3:52:16	Roslyn Smith	Comox, BC	2019
75-79	4:02:27	Gwen McFarlan	Richmond, BC	2010
80-84	4:36:52	Betty Jean McHugh	North Vancouver, BC	2008

\* Overall Marathon Course Record

**The GoodLife Fitness Victoria Marathon salutes our  
Half Marathon – Age Class Records**

**MEN**

AGE CLASS	TIME	NAME	HOME TOWN	YEAR
Under 20	1:13:53	Logan Roots	Whitehorse, YT	2012
20-24	1:04:59	Kelly Wiebe	Vancouver, BC	2013
25-29	1:05:18**	Geoff Martinson	Victoria, BC	2013
25-29	1:05:18**	Trevor Hofbauer	Calgary, AB	2018
<b>30-34</b>	<b>1:02:32 *</b>	<b>Jon Brown</b>	<b>Victoria, BC</b>	<b>2002</b>
35-39	1:04:57	Jon Brown	Victoria, BC	2009
40-44	1:08:02	Bruce Deacon	Coquitlam, BC	2007
45-49	1:10:41	Jim Finlayson	Victoria, BC	2017
50-54	1:14:09	Kevin O'Connor	Vancouver, BC	2017
55-59	1:17:59	David Guss	Calgary, AB	2016
60-64	1:24:15	Jack Miller	Cache Creek, BC	2006
65-69	1:30:20	Larry Ness	Campbell River, BC	2019
70-74	1:33:40	Maurice Tarrant	Victoria, BC	2001
75-79	1:41:44	Maurice Tarrant	Victoria, BC	2009
80-84	1:52:06	Maurice Tarrant	Victoria, BC	2010
85-89	2:27:03	Jim McLean	Parksville, BC	2016
90+	3:30:53	Hans Sandberg	Victoria, BC	2013

**WOMEN**

AGE CLASS	TIME	NAME	HOME TOWN	YEAR
Under 20	1:25:21	Alison Penner	Victoria, BC	2014
20-24	1:15:31	Meg Lewis-Schneider	Vancouver, BC	2018
25-29	1:13:38	Cleo Boyd	Kingston, ON	2019
30-34	1:14:06 *	Natasha Fraser-Wodak	Port Moody, BC	2012
<b>35-39</b>	<b>1:11:45</b>	<b>Natasha Wodak*</b>	<b>Port Moody, BC</b>	<b>2018</b>
40-44	1:15:39	Marilyn Arsenaault	Victoria, BC	2009
45-49	1:17:03	Catherine Watkins	Vancouver, BC	2017
50-54	1:19:53	Lucy Smith	Victoria, BC	2017
55-59	1:29:08	Cindy Rhodes	Kelowna, BC	2012
60-64	1:33:53	Kathi Sleavin	Seattle, WA	2019
65-69	1:43:03	Lois Klingbell	Victoria, BC	2019
70-74	1:48:54	Betty Jean McHugh	North Vancouver, BC	2001
75-79	1:58:06	Betty Jean McHugh	North Vancouver, BC	2005
80-84	2:05:20	Betty Jean McHugh	North Vancouver, BC	2009

\* Overall Half Marathon Course Record

\*\* M25-29 are tied times

**The GoodLife Fitness Victoria Marathon salutes our  
8K – Age Class Records**

**MEN**

<b>AGE CLASS</b>	<b>TIME</b>	<b>NAME</b>	<b>HOME TOWN</b>	<b>YEAR</b>
Under 13	29:48	Trevor Neil	Victoria, BC	2017
13-15	27:08	Ian Bullock	Victoria, BC	1996
16-19	25:14	Chad DePol	Victoria, BC	1990
20-24	24:20	Gary Barber	Victoria, BC	1986
<b>25-29</b>	<b>23:14*</b>	<b>Justin Kent*</b>	<b>Burnaby, BC</b>	<b>2019</b>
30-34	23:40	Dave Campbell	Victoria, BC	1990
35-39	24:31	Jeremiah Ziak	Vancouver, BC	2011
40-44	24:48	Mike Creery	Victoria, BC	1987
45-49	25:44	Bruce Deacon	Victoria, BC	2014
50-54	26:39	Simon Timmer	Ladysmith, BC	1994
55-59	27:33	Rick Whiting	Richmond, BC	1994
60-64	28:56	Maurice Tarrant	Victoria, BC	1993
65-69	30:16	Maurice Tarrant	Victoria, BC	1995
70-74	34:08	Brian Connon	Victoria, BC	2017
75-79	35:14	Maurice Tarrant	Victoria, BC	2005
80-84	41:05	Maurice Tarrant	Victoria, BC	2011
85-89	52:02	Maurice Tarrant	Victoria, BC	2015

**WOMEN**

<b>AGE CLASS</b>	<b>TIME</b>	<b>NAME</b>	<b>HOME TOWN</b>	<b>YEAR</b>
Under 13	33:27	Ashley Cathro	Victoria, BC	2010
13-15	28:35	Sadie Sigfstead	Victoria, BC	2018
16-19	27:39	Justine Stecko	Victoria, BC	2017
20-24	26:50	Malindi Elmore	Calgary, AB	2004
<b>25-29</b>	<b>25:43</b>	<b>Sarah Inglis*</b>	<b>Langley BC/GB</b>	<b>2019</b>
30-34	26:24	Ulla Marquette	Victoria, BC	1991
35-39	27:06	Ulla Marquette	Victoria, BC	1996
40-44	28:27	Ulla Marquette	Victoria, BC	1999
45-49	28:15	Lucy Smith	Sidney, BC	2012
50-54	29:22	Marilyn Arsenault	Victoria, BC	2019
55-59	33:23	Diane Palmason	Englewood, CO	1993
60-64	34:16	Sandra Bastedo	Victoria, BC	2004
65-69	36:32	Thelma Wright	Vancouver, BC	2017
70-74	41:26	Karin Vickars	Vancouver, BC	2009
75-79	41:41	Karin Vickars	Vancouver, BC	2013
80-84	46:17	Karen Vickers	Vancouver, BC	2018
85-89	55:25	Lenore Montgomery	North Vancouver, BC	2015

\* Overall 8K Course Record